


# American Heart Association CPR “Friends & Family”

LEARN CPR and SAVE A LIFE!

Family and Friends CPR is for anyone who wants to learn basic CPR skills, choking relief and AED awareness, and who does not need a course completion card to meet a job requirement. It is designed to be shared among close family and friends.

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- Adult and child CPR
  - Adult and child choking relief
  - General AED awareness

**Contact:**

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**(\$10 fee covers book & Pocket Mask Keychain)**